



Ringette Ontario Coaching Qualifications

Trainer Certification

Each Team Staff can have ONE designated trainer on their bench for sanctioned events, this individual must be 18 or older and counts towards the maximum of 5 staff members permitted on the bench at once. To be a trainer, Standard First Aid or higher is required. Alternatives include:

- i. Medical Doctor/Student
- ii. Fireman
- iii. Registered Nurse/Nursing Student
- iv. Paramedic
- v. Athletic Therapy
- vi. Sport Physio Designation or Sport First Responder
- vii. Equivalency for any certified standard first aid course, thirteen (13) hours or more in duration (e.g. St. John Ambulance or Red Cross Standard First Aid programs), which includes the following content:
 - Principal of First Aid and Safety
 - Artificial Respiration
 - Wounds and Bleeding
 - Shock, Unconsciousness and Fainting
 - Fractures
 - Head and Spinal Injuries
 - Joint Injuries
 - Medical Conditions (Diabetes, Asthma, etc.)

Re-certification is required every three (3) years. For equivalency, course content must be submitted to Ringette Ontario for approval.

Trainers are also required to complete the **Making Head Way in Sport eLearning Module**.

*Effective November 1, 2020 that it is mandatory that all teams U19 and below must have a trainer present at all sanctioned events.

A copy of the first aid training or other certification paperwork must be emailed to [**tech@ontario-ringette.com**](mailto:tech@ontario-ringette.com).

As per Ringette Ontario Policy, Trainers must have completed their certification by **November 1** of the current playing year to be an eligible Bench Staff member.