



## **ANTI-DOPING POLICY**

### **1.1 POSITION STATEMENT**

Ontario Ringette is unequivocally opposed on ethical, medical, and legal grounds, to the practice of doping in sport and fully supports the position of Ringette Canada and Sport Canada against the use of banned substances and methods. The use, possession, and/or trafficking of banned substances, methods or recreational drugs, or the encouragement or counselling to use banned substances, methods or recreational drugs; and/or taking measures to mask the use of banned substances, methods or recreational drugs by any member of Ontario Ringette is unacceptable, constitutes doping violations, and will not be tolerated.

Note: Recreational drugs include all substances, the use of which is restricted or prohibited by law. They include substances that may not already be included under the banned or restricted lists of the International Olympic Committee (IOC). These lists are adopted by Ontario Ringette.

Ontario Ringette accepts the Canadian Center for Drug-Free Sport's policy on banned substances: "The deliberate or inadvertent use by an athlete of a substance or method which is banned by the International Olympic Committee constitutes doping. The International Olympic Committee and International Sports Federations forbid such practices. The provision or administration of such banned substances or methods to athletes is forbidden."

Ontario Ringette will adhere to Ringette Canada's anti-doping policy which outlines doping control, violations, penalties, etc.

### **1.2 JURISDICTION**

These procedures are applicable to the business, activities or events organized by Ontario Ringette, its regions, members and participants.

### **1.3 PREVENTION**

1.3.1 Ontario Ringette is aware that, at any time, Sport Canada and Ringette Canada can randomly check Ringette players for use of banned substances or methods. Ontario Ringette, at present, does not conduct independent checks of its athletes, but does comply with standards set by Ringette Canada, and recognizes that checks more likely will occur at the Canadian Ringette Championships, Canada Winter Games and World Ringette Championships.

1.3.2 Ontario Ringette educates its Team Ontario players directly by supplying the teams with documentation on its anti-doping policy. At the same time,

Ontario Ringette will afford each local association the opportunity to receive information on banned substances and methods, should they desire.

## 1.4 DOPING PENALTIES

The following penalties are to be used for all athletes representing the province/country at the Canadian Ringette Championships, Canada Winter Games and World Ringette Championships. Local associations are strongly urged to adopt these penalties as well.

1.4.1 Ontario Ringette shall respect all sanctions/penalties imposed by Sport Canada, World Ringette Federation or Ringette Canada regarding doping violations by Ontario Ringette athletes.

In addition, for inadvertent or intentional use of banned substances or methods, or refusal to provide a urine sample, the following Ontario Ringette grid of penalties may be applied:

1.4.2 Inadvertent use:

- verbal or written reprimand; and/or
- barred from next competition or training camp; and/or
- barred from training or competition for a period of time

1.4.3 The above penalties shall be considered for first or second offences. Otherwise:

Intentional use /Failure to provide a sample:

- 1st offence - minimum 1-year suspension
- 2nd offence - life suspension

## 1.5 APPEALS

Appeal of a decision by the Ontario Ringette board of directors regarding doping violations will follow the Administrative Review Policy, Section 16.0.