

Gord Salt BPHE, Bed



My wife, Judy and I have 4 children and 4 grandchildren. I live in Hockley Valley on 10 acres; the area provides me with lots of opportunity to pursue my passions of cross country skiing, roller skiing and cycling.

I own an on line distribution business and also a fitness and cross country ski oriented business, "Every Body".

I taught Physical and Health Education, English and Biology in North York from 1972-1985. At that point I moved to Orangeville where I taught until 2001, when I took an early retirement from teaching to pursue other interests. While teaching I coached rugby, track and field, cross country running and cross country skiing.

After leaving teaching, I coached cross country skiing at the University of Guelph from 2001-2007. I presently coach at the Mono Nordic Ski Club.

I am an NCCP level 3 coach, facilitate the new NCCP coaching courses and present the CS4L concepts to coaches, school associations and parent groups.